

BREAKFAST (7AM TIL 2PM)

Ciabatta toast

butter & vegemite or jam \$5

Ham & cheese croissant

\$9

Eggs on toast

poached, scrambled or fried, wood oven ciabatta, tomato relish, butter \$10.5

– *build your own breakfast, add some extras!*

Bacon and eggs

redgum bacon, free range eggs, wood oven ciabatta, house tomato relish, butter \$15

Apple pancakes

fresh strawberries, maple syrup, frozen custard \$13

Smashed avocado

avocado on wood oven ciabatta, soft poached eggs, gazpacho dressing, crumbled feta, rocket, dukkah \$17

Salmon and eggs (gf)

scrambled local eggs, Harris smoked salmon, potato rosti, beetroot relish, rocket, fresh lemon, olive oil \$20

Canadian stack

apple pancakes, redgum bacon, soft poached eggs, fresh strawberries, maple syrup \$18

EXTRAS

smoked salmon 6, baby chorizos 5, redgum smoked bacon 5, haloumi 4, avocado smash 3, sweet roast peppers, woodbaked mushroom 3, wilted baby spinach 2, balsamic roast tomato 2, potato rosti 2, hollandaise 2

Apricot raisin toast

\$7

Bacon and egg burger

redgum bacon, free range egg, house tomato relish and tasty cheese on brioche \$13

Superfoods muesli (vegan)

oats, rice malt syrup, cranberry, goji berry, pepitas, coconut, almond, blueberry, coconut yoghurt, almond milk \$14.5

Eggs benedict

soft poached free range eggs, wood oven ciabatta, wilted baby spinach and real hollandaise 15/17/19

– *spinach \$15/leg ham \$17/smoked salmon \$19*

Vegan breakfast (vegan)

smashed avocado, wood oven ciabatta, woodbaked mushrooms, butternut pumpkin, roast peppers, dukkah, rocket, vinaigrette \$19

Fried polenta and chorizo (gf)

golden fried polenta, baby chorizo, roast tomato, soft poached eggs, chimichurri, rocket \$19

– *Mushrooms instead of chorizo for vegos*

Big vego breakfast

free range eggs, wood oven ciabatta, avocado smash, grilled haloumi, roast tomato, woodbaked mushrooms, beetroot relish \$22

Big breakfast

free range eggs, wood oven ciabatta, redgum bacon, baby chorizo, woodbaked mushroom, roast tomato, potato rosti, tomato relish \$23

FRESHLY SQUEEZED JUICES 7.9

OJ

100% orange juice

Apple

100% local apples

Melonade

watermelon, lemon, apple

Cleanse

apple, carrot, ginger

Tropical

orange, pineapple, watermelon

Tomato

100% tomato

FRUIT SMOOTHIES 7.9

Mango crush

mango chunks, mango sorbet, coconut milk - dairy free

Energizer

banana, frozen blueberry, local honey, milk, chia seeds

Gawler street sunrise

orange juice, mango, frozen strawbs (vegan/dairy free)

Banana honey

classic old school smoothie with ice cream and milk

THICKSHAKES 7

Chocolate, caramel, strawberry, vanilla, lime, banana

ICED COFFEE/ICED CHOCOLATE 7

Flat white, cappuccino, latte, long black, piccolo, macchiato, chai latte...3.5/4.5

english breakfast, earl gray, peppermint, green, lemongrass ginger, chamomile, chai...4

Belgian hot chocolate/Golden turmeric latte/beetroot latte...4/5

Alternate milks - bonsoy, almond, coconut, zymill...50 cents Flavours - vanilla, caramel, hazelnut, honey, maple...50 cents

Local Besa bottled juice - pineapple, pear, apple strawberry...4.5

WOOD OVEN PIZZA 9" ONLY (FROM 11:30AM)

Margarita

fresh tomato, basil pesto \$12

Vego

woodbaked mushrooms, roast peppers, kalamata olives, basil \$14

Gawler Street

redgum smoked ham, woodbaked mushroom, basil pesto \$14

Ham and pineapple

redgum ham, pineapple \$13

Fungi

woodbaked mushrooms, feta, onion, basil pesto, pine nuts \$14

Supremo

pepperoni, redgum ham, mushrooms, roast peppers, kalamata olives, pineapple \$15

Pepperoni

double pepperoni \$13

Sicilian

pepperoni, roast peppers, kalamata olives, anchovies \$14

Garlic prawn

aussie prawns, garlic, roast peppers, baby spinach, roast garlic aioli \$16

BURGERS - ADD FRIES FOR \$3

Cheeseburger

150 gram beef, tasty cheese, american cheese, tomato relish, onion, pickles, roast garlic aioli \$13.5

Pumpkin haloumi burger

roast butternut, grilled haloumi, beetroot relish, lettuce, tomato, dill mayo \$15

Classic beef burger

150 gram beef, american cheese, tomato relish, lettuce, tomato, pickles, onion, roast garlic aioli \$15

Spicy chicken burger

shredded roast chicken, hot sauce, tasty cheese, avo smash, roast peppers, onion, lettuce \$15

Gaucha beef

150 gram beef, grilled onions and peppers, tasty cheese, chimichurri, rocket, roast garlic aioli \$16

Burger extras

extra beef patty 4, redgum bacon 2, fried egg 2, beetroot relish 2, avo smash 2, haloumi 4, chimichurri 2

LUNCH/SALADS/BOWLS

Shoestring fries

roast garlic aioli or tomato sauce \$7

Avocado on toast (vegan)

rocket, lemon, dukkah, olive oil \$12
– add smoked salmon +6, haloumi +4

BLT wrap

bacon, lettuce, tomato, aioli \$12
– add fries for \$3

Chicken salad (gf)

roast chicken, local lettuce, cherry tomato, pine nuts, wood roasted peppers, feta, cucumber, gazpacho dressing \$17

Roast vegetable salad (gf)

wood roasted butternut, mushroom, roast peppers, baby spinach, pesto, feta, balsamic vinaigrette \$18

Local salmon bowl (gf)

Harris smoked salmon, potato rosti, avo smash, beetroot relish, cherry tomato, rocket, lemon, dill mayo \$20

Chicken chorizo prawn paella (gf)

peas, roast peppers, rice, saffron, paprika, lemon \$24

Carnivore bowl (gf)

150gram beef patty, baby chorizos, redgum bacon, seasoned shoestring fries, rocket salad, chimichurri \$25

VEGAN

Vegan power salad (gf)

organic quinoa, butternut pumpkin, roast peppers, red onion, salad greens, peppitas, vinaigrette \$17

Woodbaked mushroom bowl (gf)

Roast mushrooms, butternut pumpkin round, wilted baby spinach, dukkah, local olive oil \$18

Vegan gazpacho salad (gf)

local lettuce, wood roasted peppers, cucumber, cherry tomato, pine nuts, gazpacho dressing \$17

Vegetable paella (gf)

butternut pumpkin, roast peppers, peas, rice, saffron, paprika, lemon \$22

WINE

2017 Howard sauvignon
blanc...8.5/36

2015 Bleasdale broadside
shiraz cab sauv
malbec...8.5/36

Redbank sparkling
chardonnay pinot noir
200ml...8

BEER/CIDER/COCKTAILS

Corona 6

Hill's apple cider 7.5

Silverbark pilsner 8.5

Vodka sunrise 13

Mango daquiri 13

Bloody Mary 13